

# Somers Senior Center

## February 2024 Newsletter

### Somers Senior Center

19 Battle Street, Somers CT 06071

860-763-4379

**Mon-Thurs 8am-4pm, Fri 8am-12pm**

Maureen Parsell, Director [mparsell@somersct.gov](mailto:mparsell@somersct.gov)

Donna Richardson, Supervisor [drichardson@somersct.gov](mailto:drichardson@somersct.gov)

Pam Caso, Administrative Asst. [pcaso@somersct.gov](mailto:pcaso@somersct.gov)

Mary-Ellen Matarazzo, Coordinator [mmatarazzo@somersct.gov](mailto:mmatarazzo@somersct.gov)

*Dial-a-Ride Drivers*

Gary Hunter, Renee Mullett, Pat Perry and Scott Sfreddo

### Somers Human Services

619 Main Street, Somers CT 06071

860-265-7551

**Mon-Wed 8am-5pm, Thurs 8am-6:30pm**

Matthew Cox, Human Services Director

[MCox@somersct.gov](mailto:MCox@somersct.gov)

Christina Hurdle, Social Services Coordinator

[CHurdle@somersct.gov](mailto:CHurdle@somersct.gov)

Aiden Matthews, Youth Services Coordinator

[AMatthews@somersct.gov](mailto:AMatthews@somersct.gov)



The Town of Somers Senior Center and activities offered are open to all individuals ages 55+. Registration is **FREE** and all 55+ are welcome! It is our goal to create a warm and welcoming environment where members can take part in recreational, educational and social activities. Please note, Senior Center staff cannot physically assist or act in the capacity of an aide to members who are unable to ambulate independently. If you find that you are experiencing difficulty ambulating independently and require extra assistance via a friend, family member or aide, the Somers Senior Center encourages you to bring your companion with you when you attend activities and events so that you may continue to enjoy all that the Senior Center has to offer. Interested in becoming a member? Fill out our **Membership Registration Form** and become a member today!



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### CLOSINGS & CANCELLATIONS

The Senior Center will be **CLOSED** on **Monday February 19th** in observance of Presidents Day. Also, please note that there is **No Coffee Talk/Chair Aerobics on Friday, February 9th & 23rd, and No Fit & Fun February 7th & 14th.**



# Somers Human Services



## Energy Assistance



If your annual income is less than \$41,533 (single person), \$54,338 (two people), you may be eligible for energy assistance. Please call 860-265-7551.



## Operation Fuel Program



If you are facing utilities hardship or shut offs and are in need of emergency assistance. You may be eligible to apply for the Operation Fuel Program. If your annual income is less than \$51,941 (single person), \$67,923 (two people), please call 860-265-7551 for an appointment.

## Eating Well on a Budget

Leverage local resources to help stretch your household food budget:



Champ's Place food pantry  
Somers Congregational Church  
599 Main Street



Open Mondays from 10am to noon and from 6pm to 7pm.

Mobile Food Pantry from Connecticut Food Share visits Champ's Place every other week, starting Wednesday, January 3rd from 1:00pm to 1:30pm

HINT: bring a small cart, laundry basket, or a sturdy box or shopping bags to easily carry items home with you.

Application Assistance is available for SNAP, Medicaid, and Qualified Medicare Beneficiary (QMB). Simply call Somers Human Services at 860-265-7551 to ask questions or make an appointment.

Meals on Wheels is available for homebound seniors and people with disabilities. Call 860-265-7551 for more information.

**Human Services will be at the Senior Center on  
Tuesday, February 27th, from 8am to 11am.  
Please call 860-265-7551 to make an appointment.**



# Senior Center Updates

**MEAL FEES:** Due to rising costs, the Somers Senior Center is implementing a meal charge **effective 2/1/24** of **\$3/pp** for Senior Center provided meals only (i.e., Chef Pam, parties etc). This does **NOT** include Home Helpers, Parkway or any outside sponsored meal.

**LUNCH BUNCH FEES:** There will be a **\$5/pp** charge for our lunch bunch trips to help cover transportation fees. These costs will be payable upon your signup for the event. We appreciate your understanding of this new policy.

**PLEASE NOTE:** In order to provide meals on a monthly basis, our wonderful sponsors **HOME HELPERS, PARKWAY PAVILION, THE IVY, & ALL AMERICAN** have budgets they need to follow which only allow for a maximum number of participants to be served. Once we hit the maximum number, you will be placed on a waitlist. If you cannot make a meal that you signed up for, please let us know as soon as possible to allow someone else to take your spot. Thank you to our generous sponsors and for your understanding.

**VOLUNTEERS:** If you volunteer for anything at the Sr. Center, we would like you to start signing in on the My Senior Center Kiosk as a volunteer. This includes Senior Advisory Committee, Game/Activities Help, Kitchen Servers, Decorating, Plant Watering, etc... It is very easy to do and we will be happy to show you how to do it.

## Everbridge ~ Town of Somers Alert System

**Notification Program Overview...** The Town of Somers launched a mass notification service that allows us to alert you. You opt-in to enter your contact information and subscribe to notifications you care about. **The information you provide is protected and will not be used for any other purpose.**

**How It Works...** When we issue a notification about a potential safety hazard or concern, you will receive a message on the voice or text communication methods that you have registered. If requested for the notification, you can confirm that you have received the message and you will not be contacted by any subsequent methods regarding that particular notification. If you do not confirm, the system will continue to attempt to reach you at all of the contact paths that you have registered.

**Sign up for Notifications...** Create an account and add your contact information into the Mass Notification system. You can stop receiving at any time by removing your contact information from your profile.

Let us know if you need assistance signing  
up! We'd be happy to help you!

SCAN ME





## Health & Wellness Classes

**Qigong- Mondays, 9-9:45am \$40.00/Punch card for 10 classes.** Join Ritch Ryan for movement & breathing to enhance health & wellness. Provides a simple approach with the benefits of balance, strength & flexibility. **Classes held in the Kibbe Fuller Gym.**

**Chair Aerobics- Tuesdays & Fridays, 10-11:00am \*\*FREE\*\*** A classic DVD chair fitness program. All levels are welcome!

**“Fit & Fun” Fitness- Wednesdays, 9-10:00am \$40/Punch Card for 10 classes.** Join Chelsea Lowe, A Better Self, LLC for a low-impact, total body workout with great music! This class strengthens muscles through mindful movement & breathing.

**Stretching w/ Keely- Thursdays, 10-11:00am \$40/Punch Card for 10 classes.** Dim the lights and listen to meditation music as you learn basic Yoga type stretch moves while sitting or standing. Everyone loves this class and all levels are welcome! **Classes held in the Kibbe Fuller Gym.**

**Pickleball- Tuesdays & Fridays, 9-11:00am \*\*FREE\*\*** Weather permitting. **Tennis courts at Field Road Park.** Four courts & all equipment provided! New & experienced players welcome. **Must register with the Sr. Center & complete a Waiver Agreement if you wish to play.**



## Groups & Activities



**Art Group- Mondays, 10-11:30am**

**\*\*FREE\*\*** All mediums welcome. Bring your own ideas and supplies.

**SCRABBLE- Mondays, 11:00am**

**NEW**

Bring a friend and enjoy exercising your brain!

**SKYJO - Mondays 1-3:00pm \*\*FREE\*\***

Even if you are a beginner or seasoned player, please join us for this new card game that is easy to learn and fun to play! **Will teach!**

**Coffee Talk- Tuesdays & Fridays, 9-10:00am**

Join your friends & make new ones for fresh coffee, tea and light snacks. **(Donations welcome for supplies)**

**RUMMIKUB - Tuesdays, 11-1:00pm** Rummikub is easy to learn and fast moving. The “board” changes all the time as players adjust the tiles on the table. It combines luck and strategy, and it changes quickly so every player has a chance to win until the very end. Players take turns placing numbered tiles in runs and groups and the Joker tiles add to the fun! Space is limited so sign up today!! **Will Teach!**

**Senior Learning Network- Tuesdays, 2-3:00pm**

**\*\*FREE\*\*** Live video conferencing technology to deliver life-long learning programs. **Programs on Page 9.**

**Dominoes- Wednesdays, 1-3:00pm \*\*FREE\*\***

Please come and learn the game. **Will teach!**

**Bingo- Thursdays, 12-3:00pm**

Free coffee/tea. Bring your lunch and enjoy an afternoon of Bingo!





# Special Programs & Events

## Coffee Talk / National Pet Month Tuesday, February 6th 9:00am

Come spend a cold winter morning with friends, a hot cup of coffee and man's best friend! Cold Noses Warm Hearts will return gracing our morning with a furry friend. Drop off a picture of your family pet and we will post them at the Sr. Center for all to enjoy!!



## Friday, February 9th 11:00am

Join us on National Pizza Day for Pizza & Boneless Wings as we kickoff Super Bowl Weekend! \$3/pp paid at time of sign up.



Join Chelsea Lowe as she shows us 5 easy ways to be heart healthy TODAY!

## Heart Health Coffee Talk with Chelsea Lowe Tuesday February 13th 9:00AM



BLUEBIRD  
ESTATES

## Valentine Cake Pops Wednesday, February 14th 10:00AM

Tantalize your sweet tooth and make cake pops for Valentine's Day. Bluebird Estates will show us how! Stay for our Valentine Showing of "Moonstruck" at 12:00pm!

## Do You Have a Fear of Falling?

### Wednesday, February 7th 10:00am

Join Sandra Wood, RN who will discuss the importance of balance as we age as well as symptoms that may lead to falling and what we can do to stay safe in our own home.



## "Name That Tune!"



### Tuesday, February 20th 11:00am

Bridgette Spago returns for another round of "Name That Tune!" Plus enjoy some other surprise activities!

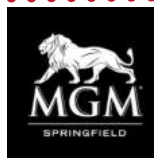


THE Ivy  
Assisted Living Residential Community

## Pancake Breakfast

### Friday, February 23rd 10:00am

Come celebrate National Pancake Day by enjoying a hot pancake breakfast sponsored by The Ivy of Ellington.



## The Lunch Bunch



### MGM Springfield

### Wednesday, February 28th 10:30am

Lunch on your own within the Casino or a short walk to Red Rose Pizzeria! \$5/pp bus fee paid at time of sign-up.



## Craft Class with Rose

### Wednesday, February 28th 1:00pm



Join Rose Sullivan and make this beautiful spring wreath for your door! Cost is \$8/pp. Spots fill quickly so sign up soon!



## Personal Care

### FOOTCARE SERVICES

The Senior Center provides footcare services every month! Please call the Senior Center to make your appointment.



Dates Available:

Feb 22nd

Mar 28th

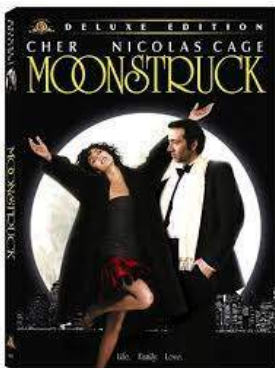
Apr 25th

### SPA SERVICES

The Senior Center offers spa services by **MA Licensed Tech Diane Neill**. First Wednesday of the month. Call the Senior Center to book your appointment.

Signature Facial.....\$38  
Microdermabrasion Facial.....\$48  
LED Light Therapy.....\$15  
Waxing Services:  
(brow, lip, chin etc.).....\$7 - \$18

## Movie Time!



Wednesday, February 14th  
12:00PM

No sooner does Italian-American widow Loretta accept a marriage proposal from her doltish boyfriend, Johnny, then she finds herself falling for his younger brother, Ronny. She tries to resist, but Ronny lost his hand in an accident he blames on his brother, and has no scruples

about aggressively pursuing her while Johnny is out of the country. As Loretta falls deeper in love, she comes to learn that she's not the only one in her family with a secret romance.

## With Thanks

We would like to thank the following individuals who have so generously donated to the Senior Center:

**Ron & Charlene Biathrow**  
**Ed Duzik**  
**Nina Giacalone**

## Somers Senior Citizen's Club

**SOMERS SENIOR CITIZEN'S CLUB PRESENTS**

Wednesday, February 21st  
11:45am-1:45pm

Baked Meatloaf with Mashed Potatoes and Peas and Carrots.  
Dessert is Cherry Pie

**\*\*ORDER IN ADVANCE REQUIRED\*\***

Call Dan Fraro at (860) 749-7108 to order  
Must order by noon the Monday prior to lunch

\$5 payable at the door

**\$2 ANNUAL DUES DUE AT LUNCHEON**

## Connecticut Flower & Garden Show

The Senior Center has limited spots available for the CT. Flower & Garden Show on **Thursday, Feb. 22nd**. Tickets are **\$24** (includes your ticket and **\$5** transportation fee). Deadline to sign up is **Monday, Feb. 12th**.





## Meal Events

### Home Helpers® Luncheon

**Wednesday, Feb 7th**

**12:00pm**

**Sign up by Feb 2nd**

**BP/BG screening 11:30-**

**12:30pm provided by:**



**Pancake Breakfast  
Friday, February 23rd  
10:00am**

Come celebrate National Pancake Day by enjoying a hot pancake breakfast sponsored by The Ivy of Ellington.



Assisted Living Residential Community



**Birthday Luncheon**

**Tuesday, Feb 28th**

**12:00pm**

**Sign up by Feb 23rd**

**LUNCH**

**LUNCH BUNCH**

**Wednesday, Feb 28th**

**10:30am - \$5/pp**

**MGM Springfield Casino**

**Lunch on your own within the Casino or short walk**

**to Red Rose Pizzeria!**



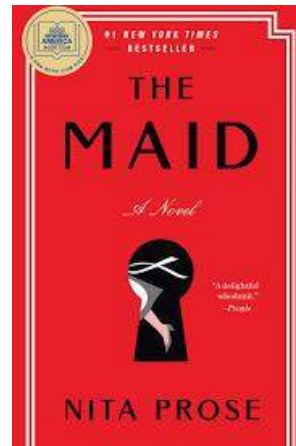
## Book Club

**Book Club with Somers Librarian  
Coordinator Allison Rief**

**Thursday, February 15th**

**3:00pm**

**The Maid by Nita Prose**



This absolute charmer follows Molly Gray as she tries to solve the murder at her hotel before anyone pins it on her. Please call 860-763-4379 to pick up a book and join this great group if you love reading!

## Inclement Weather



The Somers Senior Center follows the Somers Public Schools with regards to weather related closures/delays. If schools are delayed or closed, programs/events at the Somers Senior Center as well as Dial-a-Ride transportation will be delayed/canceled. Please tune into WFSB Channel 3 or NBC 30 and look for "Somers Senior Center" for up-to-date information on delays/closings.



# Day Trips

The Somers Senior Center is pleased to offer the following trips!  
First come, first serve for trips below. Full payment due at sign-up.  
Please stop by the Senior Center for flyers and complete information.

**April 27, 2024** - Majestic Theater - "The Play That Goes Wrong" Matinee and Lunch at Storowton Tavern Carriage House, West Springfield, MA - \$136/pp

**May 16, 2024** - Made in Vermont - Lunch at the Marina, Grafton Village Cheese, Hidden Springs Maple Farm, and shopping in Brattleboro, VT - \$145/pp

**June 21, 2024** - Newport Flower Show at Rosecliff Mansion, Newport, RI - \$122/pp

**September 10, 2024** - Swinging Summer, The music of Dean Martin with Jack Lynn and Lunch at Amarante's Sea Cliff, New Haven, CT - \$124/pp



# Somers Public Library

## Movie Matinees at the Library Fridays - 1:00pm

**February 2nd**  
**"The Holdovers"**



**February 16th**  
**"Respect"**



**February 23rd**



**February 9th**

**"The Theory of Everything"**



## Care Cafe'

**First Wednesday of every month**  
**1:00pm Library Conference Room**

All caregivers of those living with Dementia or Alzheimer's are invited to come for conversation and support.  
We supply the space - use it for your care.

**NO REGISTRATION NEEDED**

**Somers Public Library**



2 Vision Blvd  
Somers, Connecticut 06071 | 860-763-3501





# *The Senior Learning Network at the Somers Senior Center*

**The Senior Learning Network** uses live video conferencing technology to deliver life-long learning programs to groups of older adults in retirement communities, nursing homes, assisted living, adult day cares, community centers, libraries and other venues.

## **February 6th - Cane River Creole Nat'l Park, LA**

This unique Louisiana park includes 44.16 acres of Oakland Plantation and 18.75 acres of Magnolia Plantation. The two park sites include a total of 67 historic structures remnant from 200 years of plantation life. Descendants of the plantations' owners and descendants of the plantations' laborers remained on the land through periods of prosperity and depression, war and peace, and dramatic changes in governments, agriculture, technology, and labor systems. Join us as we learn about the skills and strengths of enslaved African Americans who persevered in all of life.



## **February 20th : Beyond Camelot: Life and Legacy of Jacqueline Kennedy Onassis**

On January 20, 1961, John Fitzgerald Kennedy took the oath of office to become the nation's 35th president. At age 31, Jacqueline Kennedy was the first lady. With her gracious personal style and her passion for history and the arts, she worked hard to be worthy of her new role. While she had a deep sense of obligation to her country, her first priorities were to be a good wife to her husband and mother to her children. Join us from the National First Ladies Library and Museum as we explore the layers of Jackie's life, from her role as a wife and mother to her position as First Lady.



## **February 13th- Glacier Bay National Park**

Glacier Bay National Park has a dynamic glacial history. The area and its people have observed the tidewater glacier cycle of advance and retreat. Today, Glacier Bay is a place of scientific research where ongoing studies are conducted. Join a park ranger to discuss both the history and what the future may be of glaciers in Glacier Bay.



## **February 27th: The Extraordinary Life of Rosalynn Carter**

From her rural beginnings in southwest Georgia to her emergence as our nation's champion of caregivers and mental health, Rosalynn Carter has led a most extraordinary life. This program will engage attendees in Mrs. Carter's early life, her time as First Lady of Georgia and then the nation, and highlight her work with the non-profit Carter Center.- from the Jimmy Carter Presidential Library.



*The Somers Senior Center would like  
to acknowledge our members with  
February Birthdays!*

**Feb 1st:**

Cynthia W.  
Jeanine B.  
Mary Ann V.

**Feb 2nd:**

Robert S.  
Lynne G.  
Geraldine L.  
Deborah H.  
Linda M.

**Feb 3rd:**

Carlese W.  
Elaine P.  
Rosemary W.  
Susan S.  
Shirley B.

**Feb 4th:**

Thomas Z.  
Nancy B.  
Nancy S.  
Janice S.

**Feb 5th:**

James B.  
**Feb 6th:**  
Frederick I.  
Mary Lou H.  
Leland P.  
Denise D.

**Feb 7th:**

Michael L.  
Susan E.

**Feb 8th:**

Nancy B.

**Feb 9th:**

Deborah R.  
Marie P.  
Linda S.  
Carolyn D.

**Feb 10th:**

Robert O.

**Feb 11th:**

Kathy B.  
Anthony S.  
Christopher R.  
Darcia M.  
Susan A.

**Feb 12th:**

Angela S.  
Marilyn M.  
Carol A.  
Patricia C.  
Carol-Louise T.

**Feb 13th:**

Adam H.  
Maria W.

**Feb 14th:**

Gail G.  
Joan R.  
Helen P-W.  
Fran L.

Becky O.  
Jeanine L.

**Feb 15th:**

Paul O.

**Feb 17th:**

Ronald G.  
Roger M.  
Robert L.  
Cheryl C.  
Margaret S.

**Feb 19th:**

Rosemary E.  
Therese C.  
Charlotte S.

**Feb 20th**

Guinny B.  
Geraldine D.  
Barbara M.  
Phillip T.

**Feb 21st:**

Karyn S.  
Kathleen L.  
Steven N.

**Feb 22nd:**

Carolyn S.  
George M.  
James T.

**Feb 23rd:**

Dee T.  
Richard S.  
Lark M.  
Anna C.  
Wayne C.  
Susan B.  
Lydia D.

**Feb 24th:**

Charlotte A.  
Elaine D.

**Feb 25th:**

George A.  
Mary S.  
Lenoir L.  
Clare D.  
Linda Y.

**Feb 26th:**

Joyce F.

**Feb 27th:**

Sharyn B.  
Carol S.

June K.

**Feb 28th:**

Paul P.

Lorraine L.

**Feb 29th:**

Tina S.  
Colleen B-T.  
Emil R.  
Russ St. J.



*Attention!  
Update your  
Information*

It's that time of year again where we ask any and all of our members who have had changes to their personal information (i.e., address, emergency contact, telephone, etc.) to **PLEASE** complete a new Senior Center Registration Form and submit for updating in our system. The forms are located on the table outside of Donna Richardson's office. Please see Donna, Pam or Mary-Ellen for any questions you may have. Thank you!!



*Birthday  
Celebration*

Our Birthday Celebration will be held on Tuesday, **February 27th**

Cake will be served following the Parkway luncheon to honor all of our members who have a February Birthday!





<div>February</div>					<b>1. THURSDAY</b> 10:00 Stretching w/ Keely 12:00 Bingo 5:30 Bridge	<b>2. FRIDAY</b> 9:00 Coffee 10:00 Chair Aerobics
<b>5. MONDAY</b> 9:00 Qigong 10:00 Art Group 11:00 Scrabble 1:00 SKYJO Card Game	<b>6. TUESDAY</b> 9:00 <u>Coffee Talk-Dog Therapy</u> 10:00 Chair Aerobics 11:00 Rummikub Tile Game 2:00 Senior Learning Network	<b>7. WEDNESDAY</b> <u>SPA SERVICES (BY APPT.)</u> <b>NO FIT AND FUN</b> 10:00 Sandra Wood (VNHSC)- <u>Presentation on Balance</u> 11:30-12:30 <u>BP/BG screening</u> 12:00 <u>Home Helpers Lunch</u> 1:00 Dominoes	<b>8. THURSDAY</b> 8:30 <u>Foot care (by appt.)</u> 10:00 Stretching w/ Keely 12:00 Bingo 5:30 Bridge	<b>9. FRIDAY</b> <b>NO COFFEE TALK</b> <b>NO CHAIR AEROBICS</b> 11:00 <u>Superbowl Party-\$3.00pp</u> 		
<b>12. MONDAY</b> 9:00 Qigong 10:00 Art Group 11:00 Scrabble 1:00 SKYJO Card Game	<b>13. TUESDAY</b> 9:00 <u>Coffee Talk w/Chelsea - Heart Health Tips &amp; Recipes</u> 10:00 Chair Aerobics 11:00 Rummikub Tile Game 1:00 Senior Advisory Meeting 2:00 Senior Learning Network	<b>14. WEDNESDAY</b> <b>NO FIT AND FUN</b> 10:00 <u>Make Cake Pops and play trivia with Bluebird Estates</u> 12:00 <u>Movie Time- Moonstruck</u> 1:00 Dominoes	<b>15. THURSDAY</b> 10:00 Stretching w/ Keely 11:00 Tech Support 12:00 Bingo 3:00 Book Club 5:30 Bridge	<b>16. FRIDAY</b> 9:00 Coffee Talk 10:00 Chair Aerobics		
<b>19. MONDAY - CLOSED</b> 	<b>20. TUESDAY</b> 9:00 Coffee Talk 10:00 Chair Aerobics 11:00 Rummikub Tile Game 11:00 <u>Comfort Keepers-Name That Tune</u> 2:00 Senior Learning Network	<b>21. WEDNESDAY</b> 9:00 Fit and Fun <u>9:00-12:00 AARP Tax Aide-by appt</u> 12:00 Somers Senior Citizen's Club <u>Lunch-\$5.00pp</u> 1:00 Dominoes	<b>22. THURSDAY</b> 8:30 Foot Care (by Appt.) <u>9:00am-3:30pm The Hartford Flower Show-\$24.00pp</u> 10:00 Stretching w/ Keely 12:00 Bingo 5:30 Bridge	<b>23. FRIDAY</b> <b>NO COFFEE TALK</b> <b>NO CHAIR AEROBICS</b> <u>10:00 The Ivy National Pancake Breakfast</u> 		
<b>26. MONDAY</b> 9:00 Qigong 10:00 Art Group 11:00 Scrabble 1:00 SKYJO Card Game	<b>27. TUESDAY</b> 8:00-11:00 Social Services 9:00 Coffee Talk 10:00 Chair Aerobics 11:00 Rummikub Tile Game 12:00 Parkway Birthday Lunch 2:00 Senior Learning Network	<b>28. WEDNESDAY</b> 9:00 Fit and Fun <u>10:30 Lunch Bunch-MGM-\$5.00</u> 1:00 Craft with Rose <u>Spring Wreath-\$8.00pp</u> 1:00 Dominoes	<b>29. THURSDAY</b> 10:00 Stretching w/ Keely 12:00 Bingo 5:30 Bridge			



## Tech Support

**Tech Support**  
**Thursday, Feb 15th**  
**11:00am**

Registration required. Please  
call (860)763-4379  
Sponsored by:



## ACARP Tax Aide Program

**FILE YOUR TAXES with AARP**



**APPOINTMENT REQUIRED!**

AARP volunteers will return to the  
Senior Center for FREE tax prep on the  
following Wednesdays:

**Feb 21st, Mar 6th, Mar 20th & Apr 3rd**

You must be a Senior Center Member.  
Please call 860-763-4379 ASAP as there  
are limited appointments!



## Piedmont Coffeehouse



**Foundation Room - Somers  
Congregational Church  
599 Main Street Somers**



**SUNDAY, February, 11, 2024**  
**1:00 - 3:00pm**  
**(doors open at noon)**

**Question & Answer session following performance**



Tammy Denease, dressed in  
period clothing, will be  
presenting a little known, yet  
inspirational voice, in Black  
History. An accomplished  
Historian, Artist and Storyteller,  
Tammy brings history to life  
through her captivating and  
thought-provoking stories in  
colonial history.

**CELEBRATING BLACK HISTORY MONTH 2024**  
**WITH "Hidden Women"**

## Elderly Tax Relief Program

**Elderly Tax Relief Program**

State law provides a property tax credit program for  
Connecticut owners in residence of real property, who  
are elderly (65 and over) or totally disabled, and  
whose annual incomes do not exceed certain limits.

**Where:**

Town Assessor Office

**When:**

February 1st - May 15th (re-apply every 2 yrs.)

**Requirements:**

- 65yrs or older
- Must own the property
- Must reside in the home at all times
- Proof of Income (1040) Federal Tax Return
- \$43,800 (single limit)
- \$53,400 (married limit)



**Questions? Please contact Karen Neal at  
860.763.8202 or [kneal@somersct.gov](mailto:kneal@somersct.gov)**



*Somers Senior Center  
Registration Form - February 2024  
Classes, Events & Trips*

Program Name	Date	Fee (if applicable)
		\$
		\$
		\$
		\$
		\$
		\$
We accept cash, credit card and checks payable to Town of Somers	<b>TOTAL DUE:</b>	\$

**REGISTRATION FOR ALL EVENTS (unless noted) BEGINS ON JANUARY 23rd FOR SOMERS RESIDENTS AND JANUARY 30th FOR NON-RESIDENTS. FORMS WILL **NOT** BE ACCEPTED PRIOR TO THIS DATE. A REGISTRATION FORM MUST BE SUBMITTED FOR ALL EVENTS THAT YOU WISH TO ATTEND.**

**Somers Recreation & Leisure Services Participant Waiver**

*I hereby agree to release, discharge and hold harmless the Town of Somers, Somers Recreation & Leisure Services Department and the Somers BOE, its directors, employees, agents, contractors and/or volunteers from any and all liability that may occur during my participation in Somers Recreation & Leisure Services activities. I understand that participation in any recreational activity involves risk and I grant permission to the Town of Somers to utilize any medical emergency services it deems necessary to treat any injuries that I may incur. I further understand that the Town does not provide insurance for recreational program participants.*

**Somers Recreation & Leisure Services Photo Release**

*Participants in Somers Recreation & Leisure Services programs acknowledge that photographs may be taken during activities within our programs. By participating in our programs, you allow reproductions of these photographic materials to be used in promotional activities including but not limited to brochures, email campaigns, social media and more exclusively by the Somers Recreation & Leisure Services.*

- ☐ *I have read and am in compliance with the photo policy stated above.*
- ☐ *I have read and am **NOT** in compliance with the photo policy stated above.*

**Print Name:** \_\_\_\_\_

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

*Be my  
Valentine*  
♥